Bulletin du Club International du Quercy

February 2017

Photo Exhibition

There were so many colourful and artistic photos for the theme of 'Autumn' that there wasn't space to display them all together. So a second set is currently adorning the Club wall and will be there till mid-February.

The next subject is '**The Sky'**. We're expecting to see clouds, sunrises and sunsets, rainbows; stars, moon, vapour trails



etc. Just let your imagination run riot, be original, think outside the box. As they say, the sky's the limit. Good luck and happy snapping.

Deadline for entries - 20th FebruaryDetails to follow

Expo team - Ed van Weerd

Club Lunch celebrating
 Pancake Day and the opening
 of the Sky photo exhibition

Saturday **25th February** at 12.30pm

I Menu

- Choice of home made soups
- Selection of cheeses with bread and/or salad
- Homemade pancakes with lemon or jam
- Wine and coffee included

A bargain at 8 euros per person

Reserve at the Club on Saturday morning. Places limited to 36, so please do book quickly.

IMPORTANT REMINDER

14th March Annual General Meeting Salle des Fêtes, Belvèze more details soon

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DUMP THE DUVET AND DANCE

Dancercise is back again and now called DANCEFIT.

If you loved these classes before, welcome back. But if you've never tried, we guarantee it's an effective and fun way to keep fit. Everyone is welcome.

Dancefit adapts fitness movements to the beat of the music. And there's no serious choreography to remember. You just follow the leader and enjoy moving to the rhythm of different music styles.

So do come along and give it a go. No fancy gear needed - just trainers/fitness footwear and comfortable clothes that allow you to move freely.

In Kathy's absence, from 1st February Liz Illing will be taking Dancefit

Wednesday 10h30 - 11h30.Salle de Fêtes, Montaigu de Quercy

Fitness, movement, music – what's not to like?

La Joie du Chant - the new choir now has a proper name, one that captures the enthusiasm of its members.

Choir practice is on Monday from 18.00 to 19.00 in the Club but if you'd like to socialise beforehand, do arrive at 17.45. Singing starts promptly at 18.00.

Aspiring singers are always welcome.

Happiness is

having a large,
loving, caring,
close-knit family
in another city.

George Burns

Fête des Rois at the Club



Well, we were just a few hours late in celebrating the official Fete des Rois on 6th January (Twelfth Night in UK). As the 6th was forecast to be very cold, the event was postponed till the morning of the 7th when more people were expected at the Club on market day.

A wise decision it seems as it was a very lively morning in the Clubroom; around 50 people dropped in to enjoy a free coffee and slice of traditional almond galette or brioche crown and to catch up on news with friends.

At the end of the morning, a glass of wine was offered to those still chatting. Everyone left, well fed and 'watered,' and feeling that the New Year had been royally kickstarted.



Through the Club window

Throughout the year the stalwarts of the TENNIS GROUP meet every Friday afternoon at the refurbished court next to the Salle de Fête in Montaigu. The matches are fast-paced and the atmosphere convivial yet competitive. So if you'd like to join the group and are already at a reasonable standard, please contact Peter Buck (buck.peter@orange.fr) who masterminds the logistics of play a week in advance.

The court is, of course, available for everybody, whatever the standard and at no charge. So if you're not quite ready for Wimbledon, why not get some friends together and arrange a game or even start a new group? You'll just need to make a booking at the Bar du Midi.

Café du Samedi

Many thanks to all you wonderful people who already help with coffee duty on Saturday morning.

However, we'll never say 'no' to more volunteers so, if you do come for the market, and can spare a couple of hours, please add your name to the new calendar by the kitchen entrance.

We'll be ever so grateful!

CALENDAR OF EVENTS

MONTHLY SHORT WALK

DATE: TUESDAY 7TH FEBRUARY

TIME: LEAVE 2PM

PLACE: FRESPECH MEET AT THE MAIRIE

CONTACT PETER GAUNTLETT

RANDONNEE

DATE: FRIDAY 17TH FEBRUARY

TIME: 09H30

PLACE: CHURCH AT FRESPECH

MARDI GRAS LUNCH

DATE: SATURDAY 25TH FEBRUARY

TIME: 12.30

PLACE: CLUB INTERNATIONAL

New members who joined the Club in January – Welcome!

Anna Mulroney (Irl) and Bradley Mulroney (Br) Didier Babin (Fr)

Maria Ruiter (NL) and Enrico Ruiter (NL) Susan Stump (Br) and George Stump (US) Dianne Kelly (Br)

Former members who re-joined the Club in January - Welcome back!

Jef Groby (US) Jean-Pierre Pouzoulet (Fr) Tina Mayhew (Br)

Activities 2017			
	Morning	Afternoon	Evening
Monday	10.00 – 12.00 Bilingual Conversation <i>Julia Jones</i>	18.00 – 19.00 La Joie du Chant Jenny Grimshaw	19.30 Troupe des Acteurs du Quercy** @ Salle Des Fêtes
Tuesday	From March - 10.00 – 12.00 IT workshop Carol Fenn	15.00 – 17.00 Board Games Maroussia Romanoff	18.00 – 19.30 Badminton @ Salle des Fêtes <i>Gaelle Devroux</i>
		1st Tuesday of the month Short walk Peter Gauntlett	
Wednesday	09.00 – 10.30 Pre-intermediate English Anne Gibbs 10.30 – 12.00 Beginners English Geoff Price	13.30 – 16.30 Beginners French 13.30 Simple French 14.30 Grammar 15.30 Conversation Sue Gauntlett	20.30 QuercyCorum** (contact Lia van de Sande liavandesande@neuf.fr 05 63 95 38 23)
Thursday	11.00 – 12.30 Intermediate French <i>Philippe Ertzer</i>	13.30 – 17.00 Bridge Patrick Keeley	17.00 Photocopier access for Clubs Jan Emery 19.30 Troupe des Acteurs du Quercy** @ Salle Des Fêtes
Friday	11.00 – 12.30 Café Philo Ed Van Weerd	14.00 – 16.00 Needle crafts Ann Golesworthy & Rosemary Keeley	17.00 – 18.30 Yoga @ l'Oustal Pat Dron
	09.30 3rd Friday of month Randonnée <i>David Howat</i>	15.00 – 17.30 Tennis Group <i>Peter Buck</i>	
Saturday	10.00 – 12.00 Café du Samedi Committee		

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** Activities not run by the Club

Committee

President Vice President Secretary **Deputy Secretary** Treasurer **Deputy Treasurer** Activities Co-ordinator Database & Accounts **External Meals** Hospitality Membership Co-ordinator Nicolas Barret Chris Barrington Colette Guichard Ruth Smythers David Howat Geoff Price Anne Gibbs Jan Emery Shirley Sears-Black Sue Gauntlett Julia Jones

nicolas.barret@nordnet.fr chris.barrington@clubintquercy.com colette-guichard@orange.fr ruth.smythers@clubintquercy.com david.howat@clubintquercy.com geoff.price@clubintquercy.com 1948annegibbs@gmail.com jan.emery@clubintquercy.com sasb.chouettes@wanadoo.fr clubmontaigu@gmail.com julia.jones@tsf47.net



22 Avenue du Stade, 82150 Montaigu de Quercy Tel 05 63 39 99 87

courriel: clubintquercy@gmail.com